

My Adventure Challenge Award

How to earn your award

1. Try two adventurous activities. You could try:

- archery
- bouldering
- zipwire or aerial runway
- climbing
- crate stacking
- grass sledging
- swimming
- hiking
- pedal go-karts.

2. Take part in six other outside activities. You could try:

- following a trail
- building a den
- having a go on an obstacle course
- roasting marshmallows on a fire or BBQ
- climbing a tree
- building a sandcastle or sand sculpture

3. Go on a ramble or nature walk with a purpose.

4. Learn the Green Cross Code and show that you can cross a road safely.

Your leader will need to make sure that you know and follow the safety rules for your activity. These can be found at scouts.org.uk/a-z



WADDECAR

My Adventure Challenge Award

How to earn your award

1. Try two adventurous activities. At Waddecar you can try:

- **Archery**
- **Canoeing**
- **Hiking**
- **Climbing**
- **Abseiling**
- **Raft Building**

2. Take part in six other outside activities. At Waddecar you can try:

- **Building a Den** in the woods
- **Mini Pioneering** – Activity box
- **Orienteering** with our purpose designed course
- **The Pirates Adventure Trail**
- **Paper Boat Building & Racing** – Activity box
- **Roasting marshmallows** with our alter fires
- **Blindfold Games** – Activity box
- **Badger's Warren** underground maze

3. Go on a ramble or nature walk with a purpose. Take a walk up to **Beacon Fell** or along the **River Brock**. Go hunting for mini-beasts around Waddecar, from the **Dipping Pond** at Bills meadow, across the **fields**, through the **woods** and splash in the river.

4. Learn the Green Cross Code and show that you can cross a road safely.

The tracks at Waddecar can easily be used to practise, and roads and junctions can be marked out on the ground with ropes. Once you have practised in a traffic free environment you can remember what you have learnt on the walk to Beacon Fell! Check out <http://think.direct.gov.uk/education/early-years-and-primary/parents/7-to-11s/the-green-cross-code/>

Any activity organised by Waddecar is already risk assessed, in a safe environment and always in accordance with POR. Leaders will need to make sure that you know and follow the safety rules for off-site activities or those that you organise yourselves. These can be found at scouts.org.uk/a-z

